

## SUMMER WORK TRAVEL

The Summer Work Travel program enables *college and university students from around the world* to experience U.S. culture and share their culture and ideas with the people of the United States through temporary work and travel opportunities.



If you follow the guidelines listed in this brochure and those provided by your U.S. Sponsor, you should have a very safe and successful experience in the United States with memories to treasure for a lifetime.

### IMPORTANT CONTACTS

*\*IN CASE OF EMERGENCY:*

PLEASE CONTACT YOUR U.S. SPONSOR

*\*IF YOU ARE IN DANGER:*

PLEASE CONTACT 911

*\*DEPARTMENT OF STATE EMERGENCY HELPLINE:*

1-866-283-9090

*\*DEPARTMENT OF STATE EMAIL:  
JVISAS@STATE.GOV*

*\*NATIONAL HUMAN TRAFFICKING RESOURCE CENTER:  
1-888-373-7888*

### PLEASE CONTACT YOUR U.S. SPONSOR IF YOU ARE FACING ANY ONE OF THE FOLLOWING ISSUES:

1. **EMPLOYMENT PROBLEMS:** All employers in the United States must abide by state and federal labor laws that specify how much you must be paid, the hours that you may work and how your employer should treat you. In addition, participants should not be working in a prohibited placement. All jobs including second jobs **MUST** be vetted by the U.S. Sponsor before you begin to work. Please inform your U.S. sponsor if are looking for a second job.
2. **CHECK-IN PROBLEMS:** All participants **MUST** maintain contact with their U.S. sponsor every 30 days while they are in the United States. Failure to do so will negatively affect your program.
3. **LIVING CONDITIONS ISSUES:** Summer Work Travel participants are expected to have affordable, suitable, and safe living accommodations while in the United States, that meet local codes and ordinances.
4. **TRANSPORTATION CONCERNS:** It is important that you have reliable, affordable, and convenient transportation to your job.
5. **LOST OR STOLEN TRAVEL DOCUMENTATION**
6. **MEDICAL EMERGENCIES AND ASSISTANCE WITH INSURANCE ISSUES:** Medical insurance that is provided by or through your U.S. Sponsor has very specific rules that must be followed in order to assure payment of medical bills. Make sure you understand your insurance coverage.
7. **INVOLVEMENT OF POLICE:** If you find yourself involved with the police in any way and if you are the victim or perpetrator of a crime.
8. **LACK OF CULTURAL ACTIVITIES:** All participants must have the opportunity to engage in cultural activities and interact with Americans throughout the workday.

## J-1 VISA EXCHANGE VISITOR PROGRAM: SUMMER WORK TRAVEL

WELCOME BROCHURE



U.S. Department of State  
Bureau of Educational  
and Cultural Affairs  
2200 C Street, N.W.  
Washington, D.C. 20522



### HOW TO APPLY

PROGRAM SPONSORS DESIGNATED BY THE U.S. DEPARTMENT OF STATE OPERATE THE SUMMER WORK TRAVEL PROGRAM. FOR MORE INFORMATION, PLEASE VISIT OUR WEBSITE AT:  
<http://j1visa.state.gov/>

To have a safe and successful cultural exchange program, the following Information may be helpful:

PREPARATION IS THE KEY FOR A SUCCESSFUL EXPERIENCE

Upon arrival in the United States, you **MUST** check in with your U.S. Sponsor who will ensure that your U.S. address is accurately reflected in the Student Exchange Visitor Information System (SEVIS). The SEVIS system shows that your visa is current and that you are lawfully present in the United States and authorized to work. If you move while in the United States to another housing location, you must contact your sponsor so that your address can be updated in SEVIS. This is important as it ensures that you remain in valid program status with the U.S. Citizenship and Immigration Service during your stay.

The name of your U.S. sponsor is printed on your DS-2019 form. Your U.S. sponsor is required to monitor your progress and welfare while you are in the United States. Your U.S. Sponsor has provided you with a telephone number to contact them. If you have any questions, concerns or need help of any sort while in the United States, we encourage you to contact your U.S. Sponsor for assistance. If any problems arise while you are in the United States, your U.S. Sponsor should be your first point of contact. If you are having difficulty in resolving any issue with your U.S. Sponsor, please contact the U.S. Department of State's toll free help line number: 1-866-283-9090 or send an email to: [jvisas@state.gov](mailto:jvisas@state.gov).

If you are ever in immediate danger, dial 911 from any phone to be connected with local emergency assistance.

#### PARTICIPANTS MUST NOT BE PLACED:

1. IN POSITIONS THAT COULD BRING NOTORIETY OR DISREPUTE TO THE EXCHANGE VISITOR PROGRAM;
2. IN SALES POSITIONS THAT REQUIRE PARTICIPANTS TO PURCHASE INVENTORY THAT THEY MUST SELL IN ORDER TO SUPPORT THEMSELVES;
3. IN DOMESTIC HELP POSITIONS IN PRIVATE HOMES (E.G. CHILD CARE, ELDER CARE, GARDENER, CHAUFFEUR);
4. AS PEDICAB OR ROLLING CHAIR DRIVERS OR OPERATORS;
5. AS OPERATORS OR DRIVERS OF VEHICLES OR VESSELS FOR WHICH DRIVERS' LICENSES ARE REQUIRED REGARDLESS OF WHETHER THEY CARRY PASSENGERS OR NOT;
6. IN POSITIONS RELATED TO CLINICAL CARE THAT INVOLVES PATIENT CARE;
7. IN ANY POSITION IN THE ADULT ENTERTAINMENT INDUSTRY (INCLUDING, BUT NOT LIMITED TO JOBS WITH ESCORT SERVICES, ADULT BOOK/VIDEO STORES, AND STRIP CLUBS);
8. IN POSITIONS REQUIRING WORK HOURS THAT FALL PREDOMINANTLY BETWEEN 10 PM- 6 AM;
9. IN POSITIONS DECLARED HAZARDOUS TO YOUTH BY THE SECRETARY OF LABOR AT SUBPART E OF 29 CFR PART 570; (E.G. POULTRY AND, MEAT PROCESSING, HEAVY CONSTRUCTION, MACHINERY, ABRASIVE CUTTING DISKS, ETC.)
10. IN POSITIONS THAT REQUIRE SUSTAINED PHYSICAL CONTACT WITH OTHER PEOPLE AND/OR ADHERENCE TO THE CENTERS FOR DISEASE CONTROL AND PREVENTION'S UNIVERSAL BLOOD AND BODY FLUID PRECAUTIONS GUIDELINES (E.G. BODY PIERCING, TATTOOING, MASSAGE, MANICURE)
11. IN POSITIONS THAT ARE COMMISSION-BASED AND DO NOT GUARANTEE THAT PARTICIPANTS WILL BE PAID MINIMUM WAGE IN ACCORDANCE WITH FEDERAL AND STATE STANDARDS
12. IN POSITIONS INVOLVED IN GAMING AND GAMBLING THAT INCLUDE DIRECT PARTICIPATION IN WAGERING AND/OR BETTING;
13. IN POSITIONS IN CHEMICAL PEST CONTROL, WAREHOUSING, CATALOGUE/ONLINE ORDER DISTRIBUTION CENTERS;
14. IN POSITIONS WITH TRAVELING FAIRS OR ITINERANT CONCESSIONARIES;
15. IN POSITIONS FOR WHICH THERE IS ANOTHER SPECIFIC J CATEGORY (E.G. CAMP COUNSELOR, INTERN, TRAINEE); OR
16. IN POSITIONS IN THE NORTH AMERICAN INDUSTRY CLASSIFICATION SYSTEM'S (NAICS) GOODS-PRODUCING INDUSTRIES OCCUPATIONAL CATEGORIES INDUSTRY SECTORS 11, 21, 23, 31-33 NUMBERS. (E.G. GROWING CROPS, RAISING ANIMALS, HARVESTING FISH AND OTHER ANIMALS, FOOD MANUFACTURING, TRANSFORMING LIVESTOCK AND AGRICULTURAL PRODUCTS INTO PRODUCTS FOR INTERMEDIATE OR FINAL CONSUMPTION, ETC.)

- Before you enter the United States, make a very specific plan for your stay; you should:
- Ensure you have the necessary travel itinerary and contact information for a safe arrival into the United States.
  - Contact your sponsor and employer to ensure the job is ready for your arrival and notify the employer and your U.S. Sponsor of your arrival time.
  - Ensure that you have transportation arranged from the port of entry (e.g. airport) to your destination.
  - Have adequate financial resources as instructed by your U.S. Sponsor for expenses.
  - Read the pre-arrival material provided and if you need clarification, contact the U.S. Sponsor.
  - Research the internet to learn about the area in which you will be placed in the United States and what that area has to offer in the way of safe and affordable housing, transportation, medical facilities, banks, cultural activities and events, etc.